**Getting Your Reluctant Cat in a Carrier**

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Let’s face it – there’s no tougher ten pounds than a cat being forced to do something it doesn’t want to do. Getting into a carrier to go to the vet falls into that category. Being (probably) the smartest animal on earth doesn’t help either. They figure out what the carrier means early on. However, it’s very important to transport and keep your cat in a carrier for a number of reasons. It’s all about safety for you and your cat.

In the car, a cat climbing and jumping around or getting under the pedals is a distraction at best and a disaster at worst. As well, many cats get carsick and may vomit or eliminate in the car. This is a miserable for the cat and a mess to clean up. Motion sickness is aggravated when freedom in the car allows the cat to watch the things going by. Confinement in the carrier minimizes their ability to see the passing movement. It also confines any accidents.

Escape from the car should be a major concern when transporting your cat for any reason. Stopping for gas, rolling down the window, or an unfortunate accident that breaks a window or throws the cat from the car could result in a lost cat, severe injury, or even death.

Taking the cat into and out of the car and building can also result in a startled cat fleeing into traffic or running off and getting lost. The flight or fight reaction is never more evident than in a frightened cat.

Once in your veterinary office the carrier becomes a familiar safe haven for your cat. If you’ve ever been to the veterinarian with your cat in a carrier, you too were probably amazed at how fast your cat ran back into the carrier to go home. This is because your cat actually does associate the carrier with you, your home, and safety.

All cats being in carriers in the reception area of the veterinary office obviously minimizes transfer of communicable diseases and maintains the cleanliness of the hospital. Even though you may think your cat hates the carrier, this is another time when you must use better judgement as a parent and do everything you can to keep your cat safe.

**Cat Carrier Tips:**

* Carriers now come in many shapes, sizes, and materials: top open, tents, soft carriers, and plastic and wire, with snap-off tops and very large zipper openings. Find the one that is easiest for you and your cat.
* Make sure your carrier grows with the cat: small for kittens, new and larger for adults. The carrier should be large enough for your cat to lay out on its side comfortably or sit away from any soiling.
* To handle a cat that is reluctant to even approach the carrier, place a large folded bath towel over your entire cat and scoop her up like a swaddled baby. This keeps you secure from teeth and claws, and prevents your cat from seeing and resisting the carrier.
* If need be, turn the carrier upright and lower your cat in back feet first while holding with the towel.
* Do not put food, water, a litter box, or other objects in the carrier – even for long trips. More often than not, they make more of a mess than they do any good. Unless instructed by your veterinarian to the contrary, most cats can and do go may hours without food, water, or eliminating.
* Always line the bottom of the carrier with absorbent material. A couple of layers of newspapers and then a towel or rug. This is comfortable and absorbs any eliminations or soiling that may occur. If not, your poor cat’s fur becomes the mop.
* When traveling , do not take the cat out of the carrier for any reason until you have arrived at a secure destination and are inside the building with the door closed behind you.
* Medication is available for traveling and motion sickness. Motion sickness is much worse with the stopping and starting of city driving. Often once upon open highway and secure in a carrier your cat may relax and do well without medication. Talk to your veterinarian about medicating your cat for travel.